

I'm On My Way Shrek

Count: 32 Wall: 4 Level: Intermediate
Choreographer: Geoff Langford (UK)
Musik: I'm On My Way - The Proclaimers

JUMP BACK, JUMP BACK, JUMP BACK, JUMP BACK, ROCK BACK SHUFFLE FORWARD

- &-1 Jump back feet apart landing right left
- &-2 Jump back feet together landing right left
- &-3 Jump back feet apart landing right left
- &-4 Jump back feet together landing right left weight on left
- 5-6 Rock back on right recover on left
- 7&8 Step forward on right, close left to right, step forward right (12:00)

STEP PIVOT ½ TURN RIGHT, SHUFFLE ½ TURN RIGHT, ROCK BACK ON RIGHT RECOVER ON LEFT, TOUCH RIGHT HEEL FORWARD, HOOK RIGHT ACROSS LEFT SHIN, TOUCH RIGHT HEEL FORWARD

- 1-2 Step forward on left, pivot ½ turn right (weight on right)
- 3&4 Shuffle step ½ turn right stepping left right left
- 5-6 Rock back on right recover on left
- 7&8 Touch right heel forward, hook right across left shin, touch right heel forward (12:00)

& RIGHT IN PLACE, LEFT HEEL FORWARD & HOOK LEFT ACROSS RIGHT SHIN, TOUCH LEFT HEEL FORWARD.& LEFT IN PLACE, ROCK FORWARD ON RIGHT, ROCK BACK ON LEFT, SAILOR STEP ¼ TURN RIGHT STEP FORWARD LEFT TOUCH RIGHT BY LEFT

- &1&2 Close right beside left, touch left heel forward, hook left across right shin, touch left heel forward
- &3-4 Close left beside right, rock forward on right, rock back on left
- 5&6 Step back on right, step back ¼ turn on left step forward right
- 7-8 Step forward left, touch right by left (3:00)

SIDE SHUFFLE TO RIGHT, & ½ TURN LEFT, SIDE SHUFFLE TO LEFT, BUMP HIP FORWARD RIGHT LEFT RIGHT, LEFT RIGHT LEFT

- 1&2 Step right to right side, close left beside right, step right to right side
- &3&4 Half turn left, step left to left side, close right to left, step left to left side
- 5&6 Step forward on right bump hips, right left right,
- 7&8 Step forward on left bump hips left right left (9:00)

REPEAT

Quelle: copperknob.co.uk